



# The Divine Feminine and You: A Playshop

Do you hear the call of your Sacred Self?

Are you ready to step into your Truth, Power, and Purpose?

For centuries people have denied their own Sacredness but in our time, the Divine Feminine is streaming in so you know, become, and live as Who You Really Are — a Sacred Being.

This workshop is an invitation for you to know, experience, and embody the living Force of the Divine Feminine. She is your white-hot Truth, your fiery Power, your fearless Voice, your vast Love, and your luscious Sensuality.

When you encounter the Divine Feminine, you connect to a Guide, Mother, Lover, and Goddess (and so much more!) who takes you by your hand and heart to lead you to your Sacred Self.

In this workshop you will:

- ◆ Unveil myths that keep you from being and living as your Sacred Self
- ◆ Invoke the Divine Feminine with sound and chant
- ◆ Go on an inner journey to connect with Her and receive guidance about an aspect of your life such as your health, relationships, or work
- ◆ Integrate and embody her message to you with art and movement
- ◆ Share your experience in a circle of friends

*Do you dare to  
be who  
You Really Are?*



**Mytrae Meliana, MFT** is an intuitive healer, spiritual teacher, and sound channel. She helps people evolve and awake to their Sacred Self so they live from their joy, purpose, and magic. Guided by the Divine Feminine, she supports and inspires people to connect with the Divine Feminine within themselves. She takes groups to the spiritual healer, John of God, and is author of [John of God: A Guide to Your Healing Journey with Spirit Doctors Beyond the Veil](#). She channels music for healing and Ascension which her guides call “the Language of Light”. [Serenity](#) is her first CD. You can find her meditations and sound healings on her [website](#) and [store](#).

July 30, 2016, 1-3:45pm.

Investment: \$45

Sukha Yoga, 1020 Railroad Ave., Suite D, Novato, CA 94945.

Sign up [here](#). (415) 493-6170